



## Program description

Comunidades Unidas' Latina Breast Cancer program educates women about breast cancer and the importance of having early screenings and mammograms. This program coordinates different exciting activities with the purpose of educating women about healthy lifestyle choices. We host an annual Breast Cancer Awareness Fashion Show, monthly "Girls' Night Out," Zumba classes and regular educational workshops.

## Volunteer of the year award

### Extreme Makeover

#### Veronica Lopez: The new face of the Latina Breast Cancer Program



After



Before

Comunidades Unidas is pleased to announce that Veronica Lopez was named *2010 Volunteer of the Year* for our Latina Breast Cancer Program.

Veronica received an Extreme Makeover that consisted in a full day at Paul Mitchell School of Beauty where she received a wide variety of services including hair color, shampoo and haircut, hair style, manicure, pedicure, and makeup.

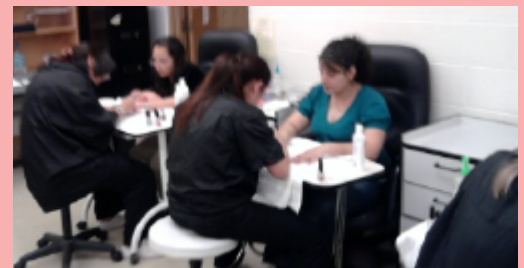
Veronica also received a dress from Shabby Apple, shoes, accessories and lunch on the day of the Makeover. Her new look was unveiled at a special reception held at Jane's Home in Salt Lake City.

# Program Highlights April 2010-March 2011



Over the past year, **Comunidades Unidas** has:

- \* Provided **Breast Cancer information to over 2,300 Latina women** through our Ventanilla de Salud program (Health Booth) at the Mexican Consulate, the Teddy Bear Den, Prenatal Classes and different community events.
- \* **Referred a total of 1,406 Latina women** to available breast cancer screenings and mammograms.
- \* Provided **17 Breast Cancer education workshops** to different organizations such as LDS Wards, Catholic Churches, Ogden School District, Hartland Welcome Center, Granite School District and Salt Lake Community College.
- \* **120 women have participated in our Girls' Nights Out in Salt Lake and Weber County** where we discussed important breast cancer issues, learned about performing self breast exams, and explored the opportunity for participants to become leaders in the community by becoming promotoras. Participants were then pampered with free hair cuts, facials, and pedicures.
- \* **21 Zumba Classes** were provided to the community in Salt Lake and Weber Counties. The main focus of this activity is to educate women about healthy lifestyle choices while they are having fun and burning calories to the Latin beat.
- \* Our Breast Cancer Awareness "**Pink Zumba Party**" took place March 26, 2011 with more than 40 participants.
- \* "**The Pink Dress**" Latina Breast Cancer Awareness Fashion Show took place on October 8, 2010. Over 200 people attended this event.



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